



home services

CONTINUING CARE SERVICES

Community Services

Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

* Indicates agency can do medication set up

COUNTY: In Home Supportive Services (IHSS)	800-339-4661
Comfort Keepers (KP contracted vendor, 2-hr min, KP discount) ...	619-795-6036
www.comfortkeepers.com	866-450-3322
1 st Meridian Home Care	858-529-1886
www.1stmeridiancareservices.com	760-659-7979
24Hr HomeCare (4-hour min)	858-529-6230
www.24hrcares.com	800-522-1516
A Better Solution In Home Svcs (4-hr min,6-hr North County)	877-585-9011
www.absihc.com	
AALL CARE In Home Services (4-hour minimum)	619-297-9601
North County	760-471-7033
www.aallcare.com	
Accent Care (4-hour minimum per day)	858-576-7410
www.accentcare.com	760-744-4064
Accredited Home Care (4-hour minimum)	619-265-1234
www.accreditednursing.com	760-727-1234
All Heart Home Care (8-hr minimum in North County).....	619-736-4677
https://allhearthomecare.com	
All Valley Home Care (4-hour minimum)	619-276-8001
www.allvalleyhcca.com	760-735-8899

<http://continuingcare-sandiego.kp.org>



At Your Home Family Care (2-hour minimum)	858-625-0406
<i>www.atyourhomefamilycare.com</i>	888-326-2273
Attentive Home Care (20 hr/wk minimum)	619-287-1300
<i>www.attentivecare.com</i>	(North County)..... 760-434-2172
Biohazard Cleanup Services	858-527-1144
<i>https://www.servprosorrentovalleyuniversitycity.com/biohazard-cleaning</i>	
Casa Companion.....	858-326-5924
<i>https://www.casacompanionhomecare.com</i>	
Constant Companions (20 hr/wk min)	858-722-9352
<i>www.constantcompanions.net</i>	888-883-8393
Family Matters (4-hr min, Certified Dementia Caregivers)	858-779-9254
<i>https://familymattershc.com/</i>	
*Firstat Nursing Services (12-hour minimum).....	619-220-7600
<i>www.firstatofsandiego.com</i>	
Heritage Senior Care	800-562-2734
<i>www.heritageseniorcare.com</i>	
Harmony Environmental Services	888-623-4191
<i>www.sdhazmat.com</i>	
Home Instead Senior Care	619-460-6222
North County (Vista)	760-639-6472
<i>www.homeinstead.com</i>	858-277-3722
Honored Hearts Home Care.....	619-738-3551
<i>https://honoredheartshc.com</i>	
*La Jolla Nurses Home Care (normally 8-12hours minimum)	833-395-5755
<i>www.lajollanurseshomecare.com</i>	
Love 2 Live (4 hr/Day, 12 hr/wk minimum)	619-291-4663
<i>www.love2livecare.com</i>	
MAXIM Companion Services (6-8 hour minimum)	619-298-7548
<i>www.maximhomecare.com/companion</i>	
Miji Health Care Inc. (formerly Always Best Care)	619-757-1114
<i>www.alwaysbestcaresandiego.com</i>	
Salus Homecare	858-278-1335
<i>www.salushomecare.com</i>	888-725-8742
San Diego Homecare (4-hour minimum)	858-775-7761
<i>www.sandiegohomecare.com</i>	

Senior Helpers (3-hour minimum) 619-450-4686
www.seniorhelpers.com/ca/san-diego-county/
TLC Xtreme Clean Outs LLC 619-432-7289
<https://tlcxtremecleanouts.com/>

Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.

For corrections or additions to this handout, please call (619) 641-4456